

www.thewellnessspace.co.uk

Bergman Method Facial Reflexology £35 for 60 mins Bergman Method Zone Face Lift with/without Neal's Yard Remedies £45 for 60 mins

£35 for 60mins without

Biodynamic Craniosacral Therapy (CST)

From £40 60-90mins +

Counselling/Psychotherapy

From £40 for 60 mins

Creative Kinesiology £45 for 60 mins Facial Reflexology, Reiki or Foot Reflexology with cupping £40 for 60 mins

Foot Reflexology

Aromatherapy Massage 30 mins £30. 60 mins £45. 90 mins £60

Women's Balance Aromatherapy Massage

Deep Tissue Massage

£45 for 60 mins

£45 for 60 mins

£46 for 60 mins

£40 for 60 mins

£40 for 60 mins

£45 for 60 mins

£40 for 60 mins

£45 for 60 mins

£45 for 60 mins

£45 for 60 mins

Sports and Deep Tissue Massage

30 mins £30. 60 mins £45. 90 mins £60

Swedish Massage From £40 for 60 mins

Herbal Medicine - initial consultation £60 for 90 mins
Hypnotherapy £50/£60 for 60 mins

Hypnobirthing cost varies
Natural Spiritual Healing £40 for 60 mins
Nutritional Therapy Initial consult £120 (2 hours plus in-depth plan. Follow up £60

(1 hour plus in-depth plan) Packages available

Reiki £35 for 60 mins
Sensitivity Testing £50 for 60 mins
Tarot Reading 30 mins £30. 60 mins £60